



NEWPORT
HEALTHCARE

Is Your Child Struggling? 5 Reasons to Seek Care Now



Here are the top five reasons to access mental healthcare for a teen or young adult as quickly as possible.

1. It could save your child's life.

Newport's outcomes research shows that our treatment reduces suicide risk by up to 75% within a few weeks of intake.

2. Early treatment increases success rates.

The earlier a teen or young adult starts treatment, the better their chances of achieving long-term, sustainable recovery.

3. Substance use disorder doesn't get better on its own.

Young people struggling with addiction need comprehensive care that includes mental health support.

4. Repairing family relationships is essential.

Family therapy repairs ruptures in the parent-child relationship to ensure continued connection as a family unit.

5. Treatment sets young people up for success.

Academic and life skills programming helps clients build motivation, engagement, self-worth, and a sense of purpose.

Here's how to take the first step.

Call us at 855-405-3338. Our Admissions experts are available 24/7 to answer your questions and share more about our programs. We're here to listen and to guide you in accessing the right level of care at the best location for your child and your family.

Wondering if your insurance will cover treatment?

Newport works with most major insurance companies, both in and out of network, to minimize cost for clients and families. We can verify your insurance when you call, and we'll work directly with your insurance company to negotiate treatment coverage.

Anthem

BlueCross
BlueShield

KAISER
PERMANENTE

MultiPlan

Regence

First Health
Network

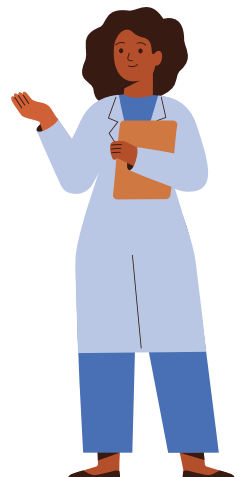
Hⁿ Health Net

Humana

COMPSYCH[®]
GuidanceResources[®] Worldwide

carelon[®]
Behavioral Health

and more



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Our Integrated Treatment Approach

At Newport Healthcare, we address the root causes of self-destructive behaviors, not just the symptoms. We guide teens, young adults, and families to achieve sustainable healing, by treating the underlying issues that catalyze depression, anxiety, problem substance use, and other mental health challenges. From a foundation of compassion and love, we support young people in building the self-understanding, connection, self-esteem, and life skills that allow them to find their place in the world.

Our Clinical Model

Each client's tailored treatment plan incorporates a variety of clinical modalities, which may include Cognitive Behavioral Therapy, Dialectical Behavioral Therapy-Informed Skills, Acceptance and Commitment Therapy, and EMDR. We also offer experiential therapies and strengths-based academic and life skills programming. Because Newport's philosophy of care views family as central to long-term, sustainable healing, Attachment-Based Family Therapy is a central component of our treatment.

WE TREAT

- › Anxiety and OCD
- › Depression
- › Trauma and PTSD
- › Bipolar disorder
- › Personality disorders
- › Substance use disorder
- › Eating disorders/disordered eating
- › And more

WE OFFER

- › Tailored treatment plans
- › Integrated, evidence-based approach
- › Psychiatric care and medication management
- › Individual, group, and family therapy
- › Accredited academic curriculum and life skills training
- › Gender-inclusive programming



**NEWPORT
ACADEMY**

A Newport Healthcare
Program For Teens



**NEWPORT
INSTITUTE**

A Newport Healthcare
Program For Young Adults



Get Started on the Healing Journey

Contact Us Today ☎ 855-405-3338 | newporthealthcare.com