



Newport Healthcare

Empowering Lives. Restoring Families.™

Comprehensive, Outcomes-Driven Behavioral Healthcare in California for Children, Teens, and Young Adults

Newport Healthcare's industry-leading programs in California guide young people to achieve long-term recovery from mental health and substance use disorders. Serving children, teens, young adults, and families from around the country, our California locations provide:

- Tailored treatment for specific age groups and conditions
- Psychiatric care and medication management
- Family-focused approach that strengthens parent-child attachment
- Evidence-based clinical and experiential modalities to support healing, resilience, and positive coping skills
- Accredited academic program and life skills training to keep young people on track with their educational and career goals



Find Out More

> 888-633-8751

> NewportHealthcare.com/California



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Our Programs in Northern and Southern California

Specialized, Age-Appropriate Care

Treatment programs for ages 7–11, 12–18, and 18–35, providing developmentally appropriate care tailored for each client's age and stage

Mental Health–Primary Residential Treatment

Industry-leading, individualized care that's proven to create significant improvements in anxiety, depression, well-being, family connection, and academic engagement

Whole-Person Programming for Obsessive-Compulsive Disorder

Residential and virtual outpatient programs treating primary OCD, using a model that incorporates Exposure and Response Prevention (ERP) therapy

Primary and Secondary Substance Use Treatment

Integrated programming that includes recovery counseling, trauma-informed care, and life skills training

A Full Continuum of Outpatient Care

Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), and virtual IOP options, offering structured therapeutic and academic/life skills support

Treatment for Co-Occurring Eating Disorders and Disordered Eating

Dietary and clinical care provided by a team trained in eating disorder awareness and Health at Every Size® (HAES) principles

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