



NEWPORT  
HEALTHCARE

# How to Make a Referral to Newport

When you refer a client to Newport, you can be confident they will receive the highest-quality behavioral healthcare.

**Follow these steps to start the referral process:**

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## Explore Treatment Options

**Determine whether Newport is the right fit for your client.**

### What We Treat

- Primary mental health (depression, anxiety, trauma, PTSD, OCD, and more)
- Co-occurring substance use and disordered eating

### Who We Treat

- Children ages 7–11
- Teens ages 12–18
- Young adults ages 18–35

### Levels of Care Across the Country

- Residential treatment
- Outpatient programs: PHP, IOP, virtual IOP
- Inpatient hospitalization (Minnesota only)

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## Review Exclusionary Criteria

**Your client will need more intensive treatment than Newport can provide if they exhibit any of the following:**

- Aggression towards staff/peers
- Previous self-harm in a residential or inpatient setting
- Suicidal ideation with “means, intent, and plan”
- Active psychosis
- Homicidal ideation
- Sexual perpetration
- Fire setting
- Hallucinations
- Cruelty to animals
- IQ lower than 70

*May not apply to inpatient hospitalization.*

✓

**If your client is a good fit for Newport, continue to Step 3.**

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## Gather Client Information

**Help our team work as quickly and efficiently as possible by gathering required information:**

- Client’s name and DOB
- Client’s insurance information, including photo of the front and back of insurance card
- Client’s willingness to travel for residential treatment

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## Contact Us

Reach out by any of the following methods and we will connect you with your local Newport representative. They will help determine the best treatment option for your client and assist with the admissions process.

**We look forward to supporting you! Here’s how to get started:**

### Call Us

877-654-5842

### Fax Us

203-841-1102

### Complete the Form

[newporthealthcare.com/refer](http://newporthealthcare.com/refer)

### Email Us

[nationalclinicaloutreach@newporthealthcare.com](mailto:nationalclinicaloutreach@newporthealthcare.com)