



# NEWPORT ACADEMY

A Newport Healthcare Program for Children & Teens

## Safe, Effective, Family-Focused Treatment for Ages 7–11

An increasing number of children need intensive mental health support, but it's difficult to find high-quality programs for this age group. Newport Healthcare is addressing this gap in care by expanding our services to provide residential treatment for ages 7–11, in addition to our existing programs serving ages 12–18 and 18–35.

### Age-Appropriate, Evidence-Based Care That Prioritizes Family Connection

We treat anxiety, depression, suicidal behavior, self-harm, disordered eating, and other mental health conditions through an integrated approach that includes:

- ✓ A focus on family involvement, through family therapy and programming
- ✓ Daily communication and weekly visits with parents, and regular progress updates
- ✓ Accredited, strengths-based academic program to keep kids on track with school
- ✓ Highly structured and supervised environment
- ✓ Multidisciplinary staff and therapist team trained in working with children
- ✓ Experiential modalities, including equine, art, music, and yoga therapy
- ✓ Support with travel logistics and transitioning children into care



Take the first step on the healing journey—  
schedule a **free mental health assessment**:

[newportacademy.com/children](https://newportacademy.com/children)

833-342-0778

