



# NEWPORT ACADEMY

A Newport Healthcare Program for Children & Teens

## Effective, Evidence-Based Outpatient Treatment for Ages 7–11

When children are struggling, early treatment can make all the difference. We support kids' emotional development, family connection, and learning, so they can thrive as they grow. Newport offers Partial Hospitalization and Intensive Outpatient Programs for ages 7–11 in Orange County, California, in addition to our residential programming for children.

### Specialized Local Care That Supports Children and Their Families

We treat anxiety, depression, suicidal behavior, self-harm, disordered eating, and other mental health conditions through an integrated approach that includes:

- ✓ A focus on family involvement, through Attachment-Based Family Therapy, daily progress updates, and parent coaching to provide tools for supporting and connecting with their child
- ✓ Strengths-based learning environment in our Partial Hospitalization Program
- ✓ Multidisciplinary staff and therapist team trained in working with children
- ✓ Individual and group therapy to build emotional regulation and healthy coping skills
- ✓ Engaging, age-appropriate experiential therapies, including play therapy and art, music, and movement modalities



Take the first step on the healing journey—  
schedule a **free mental health assessment**:

[newportacademy.com/op-children](https://newportacademy.com/op-children)

866-308-9301

